

FOOTPRINTS



A NEWSLETTER FROM THE BRATTLEBORO WALK-IN CLINIC
23 Belmont Avenue, Brattleboro, VT 05301

Volume 1 No. 1

Spring, 1998

WALK, RUN AND ROLL FUNDRAISER SET FOR SATURDAY, SEPTEMBER 12

It's year number three for the Brattleboro Walk-In Clinic's major fundraiser, a 5-K course that's gaining momentum and followers because there are many categories of runners and walkers welcome. It is shaping up to be one of the most fun-filled autumn days in Brattleboro. All the runners and walkers who place are treated to an eye-popping array of prizes and gift certificates donated by local businesses. The Brattleboro Walk-In Clinic heartfully appreciates the support, time, and energy of all who participate. At the end, everyone gets a gift, thanks to donations like a loaf of bread for everyone from Vermont Bread Co.

Class and Age Groups

Class	Age
Junior III	9 & under
Junior II	10-13
Junior I	14-17
Open	18-29
Sub-masters	30-39
Masters	40-49
Veterans	50-59
Seniors	60-69
Amazing	69+

Walk, Run and Roll, continued on page 2

WELCOME JEANNE SEYMOUR



Jeanne Seymour at the Brattleboro Walk-In Clinic

Jeanne Seymour, Brattleboro Walk-In Clinic Administrative Coordinator, has been on the job since early February and is just as enthusiastic about the mission of the clinic as she was the day of her interview. Jeanne is in touch with the need for health care for the uninsured as well as being the clinic's administrative organizer. "My connection with Windham Child Care (Jeanne also works part-time at WCC) has made me aware of the need to help people who don't have health insurance. I also know the value of the clinic because of my own personal history. At one time", says Jeanne, "It would have been a life-saver for me." She has lived in Vermont for 15 years. **Jeanne Seymour, continued on page 2**



COULDN'T'AVE DONE IT WITHOUT runners and walkers and...

Financial Sponsors (1997)

- BRATTLEBORO MEMORIAL HOSPITAL...\$500.00
- VERMONT YANKEE...\$500.00
- C&S WHOLESALE GROCERS...\$500.00
- BRATTLEBORO SAVINGS AND LOAN...\$100.00
- CERSOSIMO LUMBER...\$100.00
- WHITAMANS HAIR DESIGN...\$100.00
- RICHARDS, GATES, HOFFMAN AND CLAY...\$100.00
- BANK NORTH MORTGAGE GROUP...\$100.00
- FIRST VERMONT BANK AND TRUST...\$100.00
- VERMONT NATIONAL BANK...\$100.00
- COSTELLO AND MABIE...\$100.00
- SHOEBOOM...\$100.00
- VILLAGE PIZZA...\$100.00
- VERMONT ARTISANS...\$100.00
- NEW ENGLAND FITNESS...\$100.00



At the starting line, Walk, Run, and Roll, 1997

Prize Sponsors

- Pink Flamingo❖Upper Crust❖Clayworks
- Vermont Bread❖Leader Beverage❖Mainly
- Music❖Bakers❖Max's❖NaturalApothecary❖
- Factory Handbag Store❖ Someday Isle Toys
- ❖Specialized Sports❖Outer Limits❖ Linden
- Gardens❖Colonial Hotel and Spa❖First Run
- Video ❖Whitman's Hair Design❖SteakOut❖
- Zephyr's❖Rap City ❖ Walker's❖Everyone's
- Books❖Ultimate Impressions❖Mystery Trek
- ❖Brattleboro Books❖ Mole's Eye Cafe❖
- McNeills ❖ Frankie's Pizza❖Amherst Sports-
- wear❖WindhamFlowers❖Marina Restaurant
- ❖Picnics❖LatchisGrill❖MaryMeyerToys❖
- New England Market❖ Jolly Butcher ❖

At one time, she commented to Connecticut where she was the purchasing manager for a large engineering firm. She was a project coordinator, working with engineers to build pharmaceutical plants. Today, Jeanne has settled into life as a farm owner, raising sheep, and running a small spinning business called Green River Home Spun. Her son, Rory, age 10, is very much a part of running the farm. "He gets up early, helping with the chores, feeding the pigs and chickens, while I feed the horses and sheep." Rory and Jeanne are now indoctrinating Dennis, Jeanne's husband of two months. He is quickly adjusting to life in Vermont and looks forward to retiring from his 30 year career with UPS at the young age of 49. Jeanne also belongs to the Women's Agricultural Network and is an Elf volunteer at the Guilford School.



WALK-IN DENTAL CLINIC COMING

Plans are underway to begin a critical care dental clinic at 23 Belmont Avenue. Under the leadership of Jerry Theberge, DDS, the dental clinic will be located upstairs. Installation will be completed during spring and summer of 1998. We sincerely thank Brattleboro Memorial Hospital for their donation of plumbing and wiring work.



"... We better close up. We're over budget..."

A HISTORY OF THE BRATTLEBORO WALK-IN CLINIC



The Brattleboro Walk-In Clinic, 23 Belmont Ave.



SPRING, 1993 Initial Community Assessment done. Clinic operates in a spare closet at the Brattleboro Area Drop-In Center with one volunteer MD. Moves to Southern Vermont Home Health Agency, using office space downstairs. Feature write-up in the Brattleboro Reformer. Supplies donated and volunteers come forward.



SUMMER, 1993 First night of operation, July 3, 1993.



FALL, 1993 More physicians join volunteer ranks. Initial volunteer meetings



WINTER, 1994 First Board of Directors meeting. First funding received from United Way Special Response Fund.



SPRING, 1994 Coordinator role started to facilitate operations. Recruited pool of medical specialists for referral program. Articles of Incorporation filed. Flier designed and distributed.



FALL, 1994 First community open house. By-laws adopted. First official board of directors meeting. Outgrew space at SVHHA and moved to 23 Belmont Avenue. 501(c)(3) status granted.



SUMMER, 1995 Applied-for and received member agency status from United Way of Windham County. Received grant from Windham Foundation.



FALL, 1995 Dr. Bartlett began providing on-site psychiatric care. 476 patients seen in 1995.



WINTER, 1996 Poster designed and distributed.



SUMMER, 1996 Hired first Administrative coordinator. Our own phone installed!



FALL, 1996 First annual **Walk, Run and Roll** 702 patients seen in 1997.



WINTER, 1997 On-site sign-up for VT Health Access Plan (VHAP) started.



FALL, 1997 Expanded clinic hours to include Wednesday morning services. Hired part-time nurse practitioners. Second annual **Walk, Run and Roll** fundraiser held. 561 patients seen in 1997.



Winter, 1998 Plans for walk-in dental clinic completed.

SPECIAL THANKS TO VOLUNTEERS

Week in and week out, the Brattleboro Walk-In Clinic opens its doors because of the unwavering dedication and support of volunteers. Join us in our thanks to...

Clinic Nursing Staff

Lucy Porter, Judy Kinley, Donna Smith, Carol Crafts, Kathy Hassenpflug, Roberta Shippa, Nancy Lewis

Office Staff

Andrew Miller, Steve Kapral, Bob Reis, Hal Lier, Donna Borst, Pam Kirkwood, Trudy Anderson, Rosalie Howe, Jan Slyk, Gloria Pickering, Sally Brunton, Pauline Wilson

Providers

Dr. Clifford Langweiler, Dr. Robert Tortolani, Dr. Keith Clarke, Jean Waite, N.P., Linda Rice, N.P., Dr. George Idelkope, Dr. Craig Goldberg, Elizabeth Hill, N.P., Dr. Thomas Evans, Joan Smidutz, N.P., Dr. Doug Lilly, Ann Zavaruha, N.P., Dr. Edward Bartlett, Dr. Martina Sczensy

BRATTLEBORO WALK-IN CLINIC

23 Belmont Avenue, Brattleboro VT 05301

Hours:

Tuesday Evenings

Check-in hours: 5:30-7:00 PM

Wednesday Mornings

Check-in hours: 9:00-11:00 AM

The clinic provides the following free services:

- ☛ Care for medical problems either new or pre-existing.
- ☛ Patient education and information on health problems.
- ☛ Referrals to other community agencies as indicated.

The Brattleboro Walk-In Clinic cannot provide:

- *Well child exams and immunizations. Call the VT Dept. of Health: 257-2880.
- *Birth control, pregnancy care and testing for sexually transmitted diseases. For these services call **Planned Parenthood at 257-0534.**
- * HIV/AIDS testing. Testing is offered by the **BMH Comprehensive Care Clinic, 257-8860.**
- * Casts.
- *Care for anyone under the influence of alcohol or drugs. **Alcoholics Anonymous: 257-5801.**
- *Narcotics. **Narcotics Anonymous: 1-802-773-5757.**
- *Workman's compensation cases, disability cases or physicals.

Board of Directors

Andrew Miller, President
Wendy Rembisz, Vice President
Tom Evans, MD, Treasurer
Nancy Lanoue, Secretary
Barbara Evans, NP
Tina Coleman
Lois Sullivan
Suzanne Costello
Robert Reis

The **BRATTLEBORO WALK-IN CLINIC** is made possible through private and corporate donations. Your contributions are gratefully accepted.



Enclosed is my contribution for _____ payable to the Brattleboro Walk-in Clinic.

I'd like to volunteer _____.

Please add my name to your mailing list. _____

Name _____

Address _____

Town _____ zip _____

THE BRATTLEBORO WALK-IN CLINIC

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